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The Lantern, Chester S.C.- April 19, 1901

J T. Bigham

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THE LANTERN

Vol. IV. No. 55

CHESTER, S. C., FRIDAY, APRIL 10, 1868

COUNTRY POSTMASTERS.

Some of the Humorous Features of

That "dod-rotted book of his'n anything" he felt was worth at the greatest number of people in the allowed to keep the $60 a month, not cancelled letters each month, but high as $60 a month; that is, some 70,000 of these offices, while there gets his pay. His patrons, more country postmasters.

light and fuel bills and his clerk every 100 cents, until his office gets for that day's work. The re-

ternal wildness caused a slight feel-
taineer named Saunders, who owned this hint of smallpox, and without the inspector hautily demanded that another postmaster, having just

going into the dance, capturing the favors of "Hartford, Conn., scratched his this little burgh was in a panic over of "Hartford, Conn., scratched his

ter.--I begin by throwing up some his pipe down and, pushing his hat hind a tree. The "office was a way afoot to the place. Its gen-
ing of apprehension in his mind and feared some of my folks is sick, he never missed showing up at the ap

They never gripe. Pryor & McKee.

Sweet Potatoes.

Although many people catch potatoes through the various ways of accomplishing this end, there is one that is peculiarly well adapted to the purpose.

The plan of J. F. Atkinson was adopted by a number of farmers, and proved to be an excellent one. The plan was as follows:

The oat and the wheat were planted in the same field, and the potatoes were planted at a distance of one foot from each other. The oat and wheat were harvested from the field, and the potatoes were harvested by digging them up with a spade. The oat and wheat were threshed, and the potatoes were pared and boiled.

The plan was successful, and the potatoes were of good quality. The farmers who adopted it were well pleased with the results, and said they would continue to use it in future years.

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The farmers who adopted it were well pleased with the results, and said they would continue to use it in future years.

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The oat and wheat were threshed, and the potatoes were pared and boiled.
The trade was regulated in a cash transaction, and all transactions were handled on a cash basis. The transaction was settled at the end of the month, when the customer paid the balance, and paid in the last day of the month. Since the customer had failed to do so from the beginning, it was less likely that he would pay this time. He said that the method was better, and that he would pay it off, but it was better to settle for cash. The customer had failed to do so from the beginning, and it was less likely that he would pay this time. He said that the method was better, and that he would pay it off, but it was better to settle for cash.

The fact that this has generated the sort of the month means that we are not inclined to do this. We feel that the method is better, and that we should settle for cash. The customer had failed to do so from the beginning, and it was less likely that he would pay this time. He said that the method was better, and that he would pay it off, but it was better to settle for cash.

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LOCAL NEWS.

Mr. John Nursery, of Whiteville, is a visitor to the county.

Mr. W. F. McGalliard returned this morning from a visit to Greensboro, N.C.

Misses Henry White and Burt Scarborough are visiting her mother, Mrs. J. H. White.

Mr. W. D. Newlin and Mr. W. B. Kimbro will have moved into their new home on Valley street.

Mr. J. L. Melton, Mrs. J. M. Coleman, Mrs. J. L. Wood and Crollie street.

Mrs. J. L. Melton will move into the value of the largest pile, of the country, buy land, build decent cottages and make a living on the...
The Best Blood Purifier

The term is loosely defined by the layman, but it means simply the body's ability to filter out certain substances or poisons from the blood. The human body is capable of producing its own blood purifier, and certain foods and natural remedies can help stimulate this process. However, the body's natural defenses may not always be enough to protect against certain toxins or diseases.

A common misconception is that a blood purifier is a magical elixir that can cure all illnesses. In reality, a healthy lifestyle, proper nutrition, and regular medical check-ups are the best ways to maintain a healthy blood purifier.

In this article, we will explore the science behind blood purification and discuss some natural remedies that can help boost the body's natural defenses. We will also look at some potential risks and dangers associated with blood purification and how to balance the benefits and harms.

Understanding Blood Purification

Blood is a complex mixture of various components, including red and white blood cells, platelets, and proteins. Blood purifiers are substances that help remove or neutralize toxins, viruses, and other harmful substances from the blood.

The body produces its own blood purifiers, which are proteins called complement factors. These factors work in conjunction with other immune system components to help neutralize toxins and foreign substances.

Natural Blood Purifiers

There are several natural substances that can help enhance the body's blood purifying process. Some of these include:

1. Garlic: Garlic contains compounds called allicin and diallyl disulfide, which have been shown to have blood purifying properties.
2. Turmeric: Turmeric contains curcumin, a compound that has anti-inflammatory and antioxidant properties and can help protect the body from toxins.
3. Ginger: Ginger contains compounds called gingerols and shogaols, which have anti-inflammatory and blood purifying properties.
4. Quercetin: Quercetin is a plant pigment found in many fruits and vegetables, including onions, apples, and grapes. It has been shown to have antioxidant and blood purifying properties.
5. Probiotics: Probiotics are live microorganisms that are used to improve the balance of the gut microbiome. They can help enhance the body's natural defenses and improve blood purification.

Safety and Risks

While natural blood purifiers can be beneficial, it is important to remember that they should not be used as a replacement for medical treatment. Some natural substances can interact with prescription medications, and others may have adverse effects in certain situations.

It is also important to consider the potential risks and dangers associated with blood purification. Some natural remedies can be toxic if consumed in large quantities, and others may have unintended side effects.

In conclusion, blood purification is a complex process that involves the body's natural defenses as well as certain natural substances. While natural remedies can be helpful, it is important to use them responsibly and under the guidance of a healthcare professional. By understanding the science behind blood purification and the potential risks and benefits, we can make informed decisions about our health.

The Beneficial Effects of Blood Purification

Regular blood purification can help boost the body's natural defenses and protect against certain illnesses. Some potential benefits of blood purification include:

1. Improved immune function: Blood purification can help enhance the body's natural defenses and protect against infections.
2. Reduced inflammation: Blood purification can help reduce inflammation in the body, which can improve overall health and well-being.
3. Improved brain function: Blood purification can help improve brain function and reduce the risk of cognitive decline.
4. Lowered risk of chronic diseases: Blood purification can help lower the risk of chronic diseases, including diabetes, heart disease, and certain types of cancer.

While blood purification can be beneficial, it is important to remember that it should not be used as a replacement for medical treatment. It is always best to consult with a healthcare professional before starting any new treatment or regimen.

The Bottom Line

Blood purification is a complex process that involves the body's natural defenses as well as certain natural substances. While natural remedies can be helpful, it is important to use them responsibly and under the guidance of a healthcare professional. By understanding the science behind blood purification and the potential risks and benefits, we can make informed decisions about our health.