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Different Kinds of Heartache

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The way my heart
 stops
 when I see

a shadow
 a dust mote
 a ghost
 in the shape of you
 at the periphery

feel
 nothing
 like

the first big drop of a rollercoaster
 swallowing your breath
 and

everything
 like
 the gut-wrench of a car swerving
 out of the way
 just in time.

The way my heart
 flutters
 when I see

a loving hand
 a kind eye
 a smile
 in the shape of him
 coming toward me

feels
 nothing
 like

the flutter of not knowing
 where you are
 when you take a wrong turn
 and

everything
 like
 the warmth of sun and fingers
 on my skin
 after all this time.