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Health Advocate, Professor Wins Scholar Award from S.C. Alliance

Winthrop University

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Health Advocate, Professor Wins Scholar Award from S.C. Alliance

Quick Facts

- Hamill has been active member of the state alliance for 14 years.
- She joined Winthrop in 1998.
- She has received many awards, including Winthrop's Woman of Achievement Award and the Governor's Award for Outstanding Community Service in North Carolina.

*Hamill*

ROCK HILL, S.C. -- A quick glance at [Professor Shelley Hamill's](#) vita leads to one conclusion: she is a strong advocate for improving the physical health and wellness of every person she encounters, whether it is a student in her physical education class at Winthrop University or community members through activities related to her involvement in the [South Carolina Alliance for Health, Physical Education, Recreation and Dance \(SCAHPERD\)](#).

Hamill has been active in the alliance for 14 years and currently serves as president. She has been named the alliance's **2013-14 Scholar**, which will be presented to her at the alliance's conference this Month. As a scholar, she, along with [Associate Professor of Management and Marketing Keith Benson](#), will present research on volunteers in disaster situations.

If one word could be used to describe her career, Hamill hopes it would be "passionate."

"I love teaching," she said. "I work to keep my classes engaging and hopefully thought-provoking and non-judgmental. My big focus now is health education. There is so much that health encompasses and so many things and parts of people's lives that you can impact and help."

Hamill started her career as an elementary physical education teacher and coach before arriving at Winthrop in 1998.

She has worked with **Noah's Wish**, dedicated to the care of animals in disasters; the Catawba Indian Nation HIV/AIDS conference and task force, which was recognized by the Surgeon General; the S.C. Health Education Assessment Project; the S.C. Association for the Advancement of Health; and the **Pet Safe Coalition** as a trainer. She has also won many awards including the **S.C. Health Educator of the Year in Higher Education Award** (2000); the **Governor's Award for Outstanding Community Service in North Carolina** (2002); and the **Woman of Achievement Award at Winthrop** (2009 and 2010).

Hamill has also played a critical role in the development of national curriculum for nutrition and physical activity as a lead author and through a 2013 grant to develop a new health method course for early childhood majors.

For more information about Hamill and to learn more about her extensive work, contact her at 803/323-4697 or hamills@winthrop.edu.

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