

Abstract:

Green Bean casseroles have a rich presence in Southern Foodway culture. Green bean casserole can be prepared for various types of special occasions, as well as this dish is simple enough to prepare as a nightly dinner recipe. An essential element of this dish is that it requires canned green beans, as opposed to fresh or frozen green beans, which makes it accesssable to cook all year long. The recipe that my family uses originally calls for “cream of mushroom soup,” but my family prefers to use “cream of broccoli soup.” Green bean casseroles can be easily tailored to fit one’s preferences. Green bean casseroles display “southern hospitality,” because the dish is perfect to share with family and friends. This dish exemplifies southern Foodways culture with by how “shareable” the dish is and how it can be used to bring people together. Southern food overall should be largely centered around bringing people together and this dish is a perfect way to extend kindness and hospitality.