Amelia Mays Woods '83 to Give Julia H. Post Lecture on April 21
Amelia Mays Woods '83 to Give Julia H. Post Lecture on April 21

ROCK HILL, S.C. - Physical education teacher education specialist Amelia Mays Woods '83 will deliver this year's Julia H. Post Lecture in April.

Woods, associate professor of physical education teacher education at University of Illinois at Urbana-Champaign, will explore the career paths of teachers across all disciplines in her lecture titled "Teachers' Navigation along Their Career Paths." She will speak April 21 at 11 a.m. in Plowden Auditorium.

Woods, a member of the Winthrop Physical Education Distinguished Alumni Class of 2005, earned a B.S. in physical education at Winthrop. She earned her M.S. at the University of Tennessee-Knoxville and her Ph.D. at the University of South Carolina. She is a renowned expert in physical education teacher education with more than 60 publications in the field. Woods has co-authored a book, "Physical Education for the Classroom Teacher: Curriculum and Instructional Techniques for the Elementary Child" (McGraw Hill). She also serves as a regular presenter at the annual meetings of the American Alliance for Health, Physical Education, Recreation and Dance.

Established in 1984, the Julia H. Post Lecture honors Julia H. Post, who chaired Winthrop’s physical education department for 30 years. Post brought numerous renowned experts in the field of physical education to Winthrop to encourage student interaction. Each year, Winthrop’s Department of Physical Education, Sport and Human Performance invites a prominent figure in physical education to speak on campus.

For more information about the lecture, contact Steveda Chepko, professor of physical education teacher education, at 803/323-3688 or chepkos@winthrop.edu.