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Amelia Mays Woods '83 to Give Julia H. Post Lecture on April 21

Quick Facts

- Alumna Amelia Mays Woods has been chosen to give this year's Julia H. Post Lecture in Plowden Auditorium.
- Woods earned her B.S. in physical education at Winthrop in 1983.



Amelia Mays Woods

ROCK HILL, S.C. - Physical education teacher education specialist Amelia Mays Woods '83 will deliver this year's **Julia H. Post Lecture** in April.

Woods, associate professor of physical education teacher education at University of Illinois at Urbana-Champaign, will explore the career paths of teachers across all disciplines in her lecture titled "Teachers' Navigation along Their Career Paths." She will speak April 21 at 11 a.m. in **Plowden Auditorium**.

Woods, a member of the **Winthrop Physical Education Distinguished Alumni Class of 2005**, earned a B.S. in physical education at Winthrop. She earned her M.S. at the University of Tennessee-Knoxville and her Ph.D. at the University of South Carolina. She is a renowned expert in physical education teacher education with more than 60 publications in the field. **Woods** has co-authored a book, "Physical Education for the Classroom Teacher: Curriculum and Instructional Techniques for the Elementary Child" (McGraw Hill). She also serves as a regular presenter at the annual meetings of the **American Alliance for Health, Physical Education, Recreation and Dance**.

Established in 1984, the **Julia H. Post Lecture** honors **Julia H. Post**, who chaired Winthrop's physical education department for 30 years. Post brought numerous renowned experts in the field of physical education to Winthrop to encourage student interaction. Each year, Winthrop's **Department of Physical Education, Sport and Human Performance** invites a prominent figure in physical education to speak on campus.

For more information about the lecture, contact Steveda Chepko, professor of physical education teacher education, at 803/323-3688 or chepkos@winthrop.edu.

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