Creative Writing Panel Submission: From What We Eat, We Define Ourselves: The Creative Fictions and Nonfictions of Contemporary Food

Panel Members: Dr. Dustin M. Hoffman, Dr. Ephraim Scott Sommers, Jesse Motte, Laura-Gray Hopkins, Rebekah Daniels

Abstract: This panel, made up of current and former Winthrop writing students and of current Winthrop faculty seeks to look creatively at the myriad of ways in which the food we eat might offer another helpful entrance point into defining our identity. Each panel member will read from a selection of fiction and creative nonfiction as we seek to answer these questions and more: do we define our food or does our food define us? What familial heritage and traditions might we share? What strange foods must we eat? Why do we do things we know are bad for us? How does class and career influence our relationship with food? How do language and culinary cultures intersect?