

April 2013

## Chi

Heather Bechtler

Follow this and additional works at: <https://digitalcommons.winthrop.edu/anthology>



Part of the [Poetry Commons](#)

---

### Recommended Citation

Bechtler, Heather (2013) "Chi," *The Anthology*. Vol. 2013, Article 9.

Available at: <https://digitalcommons.winthrop.edu/anthology/vol2013/iss1/9>

This Poetry is brought to you for free and open access by Digital Commons @ Winthrop University. It has been accepted for inclusion in The Anthology by an authorized editor of Digital Commons @ Winthrop University. For more information, please contact [digitalcommons@mailbox.winthrop.edu](mailto:digitalcommons@mailbox.winthrop.edu).

► ***The Forgotten Wanderer*** | Dale Bridges  
*Art Editor's Choice*



► ***Chi*** | Heather Bechtler  
*Poetry Editor's Choice*

Blue tinted glasses  
That you'll never see  
Properly through  
Unless it's a copper correction  
Of the thinning stomach  
Or the grey eyes  
Grown salty and green  
As the fruit salad  
Frustration sloshed down  
In twenty-five bites  
Of thirty-two chews  
And a thousand swallows  
Singing over the exclamations  
Your mother exerted  
Over ten-thirty yoga exercises  
Illuminated at three in the morning  
On a half baked mind  
And a restless spirit  
Pining over insights  
Realized over twice more  
In the company  
Of blue tinted glasses.