

April 2016

How to Sleep Through a Train in the Night

Logan Moody

Follow this and additional works at: <http://digitalcommons.winthrop.edu/anthology>



Part of the [Poetry Commons](#)

Recommended Citation

Moody, Logan (2016) "How to Sleep Through a Train in the Night," *The Anthology*: Vol. 2016, Article 16.
Available at: <http://digitalcommons.winthrop.edu/anthology/vol2016/iss1/16>

This Poetry is brought to you for free and open access by Digital Commons @ Winthrop University. It has been accepted for inclusion in The Anthology by an authorized administrator of Digital Commons @ Winthrop University. For more information, please contact bramed@winthrop.edu.

How to Sleep Through a Train in the Night *Logan Moody*

When the whistle sounds, please do not be afraid.

At first, it may sound as
an iron howl in the distance
or a storm gathering grey, a constant grumble
of swelling earth and sky;
but remember this—

summer nights need the savage dance of rainwater
to cool the grass at our feet, the wind soft on our faces.

Remember, too, that this all will pass,
leaving along its tracks a soft fullness
heard as a somewhere-symphony
playing under rolling blue waves.
Steam merges with pale clouds
as all noise drifts into the simple song of the owl.
And with flannel sheets pulled to your chin,
a time will come when
a whistle from the far-off countryside
carries you deep into the night.