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## Contained

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## Contained Rachel Trueblood

tracing figure-eights in a mother's arm,
a child asked "what is the sun"
to which mother answered "it's the
heart of our galaxy" and sweet child
asked "what is our galaxy"

mother replied "it is our body of somethings" and child thought and said "don't you mean 'everything', not somethingsss? and what do you mean our body, I have my body and you have your body – we don't share one"

mother took child's hands and said
"look at this skin, it is brown and warm, just like mine
and your hair is coarse and short,
just like mine, and your eyes are
dark and your knees are dry and
your toes are long and your elbows rough
and you once lived in my body when you were smaller
and all these parts are parts of one kind of body,
as a body can take different forms"

"we share this galaxy and when I say it is our body, I want you to understand that it is the space we occupy, but do not control just as we cannot change the shape of our fingers, we cannot break Saturn away from its rings nor the Moon away from the Earth because these things are somethings

that are our constants and our galaxy holds all the constants we know, but not every constant known" and child said "I'm confused" to which mother replied "I know
but one day, you will see
that you are
not the body – but the
somethings inside the body
and you will realize that
there are things larger
than your skin and
our planet and our galaxy

and you will feel smaller than the smallest you could ever know"